



# LGBTQ+ PARENT WORKSHOPS

Join us for a workshop series once a month where we help parents and caretakers navigate their childrens' LGBTQ+ identities.

Each workshop is customized with a main topic, presentation and tools to take home. Our goal is to help with the coming out or post-coming out process of a child's sexual orientation or gender identity.

We will also be conducting our Cultural Awareness & Diversity Training at each workshop beforehand.

To sign up go to [bit.ly/SJPCParents](http://bit.ly/SJPCParents) or contact Jonathan at 209.800.1500

1/22

1. **The Stages of Acceptance**- a re-introduction to the definitions of sexual orientation and gender identity and how they impact our youth. We will be discussing the science and language of being LGBTQ+ and how to embrace preferred pronouns.

2/19

2. **Back 2 School Night**- a "how-to" guide and discussion about empowering your youth in their schools and what to do when you as a parent need to get involved. We will also have a review of the protection laws for students and what schools provide for safety.

3/18

3. **Transgender Resource Fair**- an evening to present most of the categories that fall under the transgender spectrum. We will also have tables and resources available to give parents tools that they will need to start/continue their child's transitioning process.

4/15

4. **The Next Part of Your Life**- We will be doing activities and exercises on how to let go of the past and look towards the future with your LGBTQ+ child. There will also be a share-out session on concerns for our youth and how to work as a community to change minds.

5/20

5. **A Look In The Life**- A one act play will be put on to show the life of an LGB youth who is coming out for the first time and the life of a parent who is going through the transitioning process of their transgender teenager.

6/17

6. **Family Dinner**- A potluck dinner to cap off the workshop series. During this dinner we will be putting into practice conversation pieces, how to talk with family members about your LGBTQ+ youth and how to start conversations with community groups and society.